

SAILING INSTRUCTIONS

CO-ORDINATING AUTHORITY

EurILCA: the International Laser Class Association (ILCA)
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1. RULES

- 1.1. The regatta will be governed by the *rules* as defined in the Racing Rules of Sailing.
- 1.2. No national authority prescriptions will apply.
- 1.3. The Laser class rule 7(a) is restricted as follows:
Only one person shall be on board whilst racing.
The person shall be named on the entry form.
- 1.4. If there is a conflict between languages the English text will take preference.
- 1.5. Races will be started with no less than 5 knots wind
- 1.6 RRS Appendix P, Special Procedures for Rule 42, will apply. See SI 15.1

2. NOTICES TO COMPETITORS

- 2.1. Notices to competitors will be posted on the official notice board located near the race office.
- 2.2 Coach meeting will be held the first day of racing at 10H30 11th of April 2019

3. CHANGES IN SAILING INSTRUCTIONS

- 3.1. Any changes to the Sailing Instructions will be posted before 0900 on the day it will take effect.
- 3.2. The scheduled time of the races for each day shall be specified in a notice posted by 2100 on the day before it will take effect.
- 3.3. Any reassignment of events or fleets to course areas will be posted before 0900 hrs. on the day it will take effect, or if flag AP is displayed ashore, 30 minutes before flag AP for that class or fleet is removed.

4. SIGNALS MADE ASHORE

- 4.1. Signals made ashore will be displayed on the signal mast on the Base Nautique park.
- 4.2. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in the race signal AP, This changes Race Signals AP.
- 4.3. When flag AP over H is displayed ashore, boats shall not leave the harbour. This changes Race Signals AP over H.
- 4.4. [NP][DP] Flag G displayed ashore with one sound means 'The warning signal will be made not less than 60 minutes after flag G is displayed. Boats shall not leave their berth until this signal is made.

5. BOATS AND EQUIPMENT

- 5.1 In the event of damage, boats and equipment may only be substituted with the written permission of the technical committee, international jury or race committee.
If the damage occurs later than 90 minutes before the first scheduled start on a racing day and before the start of the last race of the day, provisional verbal permission shall be obtained from the technical committee, international jury or race committee. The written permission of the technical committee, international jury or race committee shall be applied for before the end of Protest Time at the end of the day in which the substitution takes place.

6. FORMAT OF RACING

The Laser Class is divided in Standard, Laser Radial and Laser 4.7 fleets and each fleet will have separate starts.

7. SCHEDULE OF RACES

- 7.1 The scheduled time for the first warning signal for the first race of the first day is 14H00.
- 7.2 On the last day, no more than 2 races may be scheduled and no warning signal for any fleet will be made after 15H30

8. CLASS FLAGS AND START SEQUENCES

8.1 Class Flag

Laser Standard: Fleet Class flag (white flag with red Laser logo)
Laser Radial: Fleet Class flag (green flag with red Laser logo)
Laser 4.7: Fleet Class flag (yellow flag with red Laser logo)

8.2 In case of group in Laser Radial and Laser 4.7:

Racing Area Bravo

Fleets	Fleet Flags	Start Sequence	Course
Radial - Yellow/Gold	Yellow	1 nd Start	Outer
Radial - Blue/Silver	Blue	2 rd Start	Inner
Radial - Red/Bronze	Red	3 rd Start	Outer

Racing Area Alpha

Fleets	Fleet Flags	Start Sequence	Course
Standard	Standard Class	1 nd Start	Outer
4.7 - Yellow/Gold	Yellow	2 st Start	Inner
4.7 - Blue/Silver	Blue	3 nd Start	Inner

9. RACING AREAS

- 9.1. The approximate Racing area will be displayed on the official notice board / Appendix 1
- 9.2 Alpha area: Laser Standard and 4.7 fleets
Bravo area: Laser radial fleets

10. THE COURSES

- 10.1. The SI Addendum A shows the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.
- 10.2. Before the warning signal for each fleet, the race committee will display course signals.
- 10.3. No later than the warning signal, the race committee signal boat will display the approximate compass bearing of the first leg.
- 10.4. The course may be shortened to finish at any mark provided that 3 or more legs will have been sailed
- 10.5. When one gate mark is missing, the remaining mark shall be rounded to port
- 10.6. Marks will be described in the SI Addendum A.

11. THE START

11.1. Starting line

11.1.a. The starting line will be between two staffs displaying a large orange flag on two race committee vessels

11.1.b. [DP] A buoy may be attached to the race committee starting vessel ground tackle. Boats shall not pass between this buoy and the race committee starting vessel at any time.

11.1.c. [DP] Boats whose warning signal has not been made shall sail at least 50 meters away from and to leeward of the starting line during the starting sequence for other races.

11.1.d. A boat starting later than 4 minutes after her starting signal will be scored DNS without a hearing. This changes RRS A.4 and A.5.

11.2. Starting timing

11.2.a. To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before any other procedure.

11.2.b. Races will be started as follows, according to RRS 26

Time before start	Signal	Sound signal
5 minutes	Warning	1 sound
4 minutes	Preparatory (P, U or Black flag)	1 sound
1 minute	1 minute prep down	1 sound
0 minutes	Start	1 sound

11.2.c Starting under Black Flag Rule Penalty

RRS 30.4 is altered adding the follows: sail numbers will be displayed for at least 3 minutes. A long sound signal will be made when the numbers are initially displayed.

12. CHANGE OF THE NEXT LEG OF THE COURSE

12.1. When it is not possible to change the position of the original marks, the course may be reset using one or more new marks. When new marks are already in use, the course may be reset using original marks.

12.2. Except at a gate, boats shall pass between the race committee boat signalling the change of the next leg and the nearby mark, leaving the mark to port and the race committee vessel to starboard. This changes rule 28.1.

13. THE FINISH

The finishing line will be between a staff displaying a orange flag on a race committee vessel and the finishing mark described in the SI Addendum A.

14. TIME LIMITS AND TARGET TIMES

14.1. The length of the course will be set for a target time of 50 minutes. Failure to meet the target time will not be grounds for redress. This changes rule 62.1(a).

14.2. Boats failing to finish within 20 minutes after the first boat sails the course and finishes will be scored Did Not Finish without a hearing. This changes rules 35, A.4 and A.5.

15. PENALTY SYSTEM

15.1. RRS Appendix P will apply with the following changes:

15.1.a. If a first penalty is signalled after she has finished, a boat may take the penalty or accept a scoring penalty of 8 points without a hearing **[SP]**. Change RRS A4 and A5

15.1.b. A boat that has either retired from or been disqualified in a race for a breach of RRS 42 shall not compete in that race if it is restarted or resailed. For the purposes of this instruction a race is 'restarted or resailed' when it has the same race number as a previously abandoned or recalled race, even if the race is resailed on a later date, or is resailed as part of a final series instead of a qualifying series. If she competes in that race, she shall be disqualified without

Yellow Flag	Immediate penalty action by boat	After a general recall or a postponement or an abandonment	No action by boat	After a general recall or a postponement or an abandonment
1st	Two turns / 10% (SI 15.1(a))	Can restart	DSQ	Shall not restart if notified of the DSQ.
2nd	Retire (RET)	Shall not restart	DNE	Shall not restart

a hearing and that score shall not be excluded (DNE) and the jury will consider calling a hearing under RRS 69.1(a). This does not apply when the disqualification is the result of the boat's first penalty and she was not informed of the disqualification prior to the restart or resail. This changes RRS 36 and P3 This means:
See table.

15.1.c RRS P2.3 will not apply and RRS P2.2 is changed so that it will apply to any penalty after the first one.

15.2. Measurement Penalties [NP]

15.2.a. [NP] Measurement protests will only be accepted from technical committee, race committee or jury.

15.2.b. If a boat is sailed without a centreboard stopper, or with no mast retention line attached (class rule 3(b) xi), a scoring penalty of 20 points will, without a hearing, be added to the boats score in the last completed race in which she was racing without a centreboard stopper or the retention line. However, she shall not be scored worse than DSQ. This changes rule 63.1. **[SP]**

15.2.c. If a sail, top mast, or bottom mast has been changed prior to a race without the permission required by SI 5.2 the sailor will be disqualified without a hearing from the last completed race when the change was used. This changes rule 63.1

15.2.d. For any other measurement protest, the jury may apply an alternative penalty to disqualification **[DP]**.

15.3. Scoring and arbitration penalties

15.3.a. Scoring penalties will be applied according to RRS 44.3c

15.3.b. The scoring abbreviation for an arbitration penalty is **[ARB]**.

15.3.c. A scoring penalty in a split fleet will be based on the number of competitors in the largest group.

15.4. Whistle system

In order to encourage boats to take penalties afloat, jury members may blow a whistle when they see what they believe to be a breach of a rule. If no boat takes a penalty, the international jury may lodge a protest.

16. PROTESTS AND REQUEST FOR REDRESS

16.1 The Jury Office is located in bungalow near the main tent
The official jury notice board is located in the main tent

16.2 Protest forms are available at the race office and or Jury Office. Protests shall be delivered at the Jury Office within the protest time which will begin as soon as practicable after the finish of the last boat in each fleet. The protest time limit will daily be decided and posted on the official notice board and may be different for each fleet.
Protest hearings will be held in the Jury office.

16.3 Notices will be posted on official jury notice board no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses.

16.4 Notices of protests by the international jury or race committee or technical committee will be posted on official jury notice board to inform boats under rule 61.1(b).

- 16.5 A list of boats that have been penalized under Appendix P will be posted on the official notice board.
- 16.6 Breaches of instructions 5.2, 11.1.b, 19, 21, 22, 23 and 24 shall not be grounds for a protest by a boat. This changes rule 60.1(a). For these breaches the international jury may apply a penalty less than disqualification. **[DP]**
- 16.7 On the last scheduled day of racing or of the qualifying series, (if applied) RRS 66 apply (30 minutes)
On the last scheduled day of racing (or of the qualifying series, if applied) a request for redress from a jury decision shall not be delivered no later than 30 minutes after the decision was posted. This changes rule 62.2.
- 16.8 Decisions of the international jury will be final as provided in rule 70.5
- 16.9 **[DP]** the notation '**[DP]**' in a rule in the si means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification. (Penalties for breaches of class rules, or rules in the NoR or Sis)
- 16.10 **[NP]** denotes a rule that shall not be grounds for protests by a boat. This changes RRS 60.1(a)
- 16.11 **[SP]** denotes a rule for which a standard penalty may be applied by the race committee technical committee without a hearing or a discretionary penalty applied by the international jury with a hearing;
- 16.12 A list of these breaches and the associated standard penalties will be posted on the Official Notice Board. However, the race committee / technical committee may protest a boat when they consider the standard penalty to be inappropriate. This changes RRS 63.1 and Appendix A5.

17 ARBITRATION SYSTEM

Appendix T RRS 2017-20 will applies

18 [DP] EQUIPMENTS AND MEASUREMENT CHECKS

A boat and equipment may be inspected at any time for compliance with the class rules, as wet clothing rules at the discretion of the technical committee, race committee or international jury.

19 [DP] [NP] SAFETY REGULATIONS

- 19.1 The race committee will protest a boat for a breach of these safety regulations.
- 19.2 Competitors shall wear personal flotation devices at all times when afloat, except briefly while changing or adjusting clothing or personal equipment.
- 19.3 Competitors who require assistance from rescue boats should wave one arm with hand open. If no assistance is required, the arm should be waved with fist closed.
- 19.4 If considered necessary, a competitor may be ordered by a race organisation boat to abandon his or her boat and board a rescue vessel.
- 19.5 A boat that retires from a race shall notify the race committee as soon as possible. The boat shall complete a retirement declaration form at the regatta office on return ashore.
- 19.6 Flag V, when race committee boats displayed flag V, all team and support boats shall coincide with safety leader of the racing area
Boats shall avoid commercial traffic and shall cross shipping channels at right angles only.

20 SCORING

- 20.1 When less than 4 races have been completed, a boat's regatta score will be the total of her race scores.

- 20.2 When 4 or more races have been completed, a boat's regatta score will be the total of her race scores excluding her worst score.

21. [DP] ACCREDITED TEAM AND SUPPORT PERSONS/ VESSELS

Accredited vessels are the vessels having filled the accreditation form at the race office. They are the only vessels authorized to go afloat and approach sailing area and sailors. Team and support vessels shall, at all times when afloat, be clearly identified by the country name, national letters or national flag of the team they represent.

21.1 Excluded area

- during the period between the first warning signal of the first fleet in a race and the finish of the last boat in the last fleet in that race:
- do not cross the racing area defined by the course diagram
 - do not stay closer than 50 m to any sailing boat and from any point defining the starting line (when orange flag up) and finish line (when blue flag up)

21.2 Exceptions to S.I. 21.1:

- when a postponement is signalled, in which case they may stay in the racing area till the first signal displayed after the end of the postponement;
- this instruction will not apply to rescue operations

21.3 Accomplishments

If an accredited boat does not comply with this instruction, or its crew has an incorrect behaviour, the accreditation may be suspended, cancelled, and/ or no more issued in next Europa Cup of the series. That decision may be made by the Jury with the Eurilca Representative.

22 INSURANCE

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover per event as stated in the NOR.

23 LIABILITY

The host sailing club, the National Authority and the International Laser Class Association, their officers, members and volunteers do not accept liability for loss of life or property, personal injury or damage caused by or arising out of the Europa Cup Trophy Regattas and competitors take part in the Regattas entirely at their own risk. The establishment of the Notice of Race and the Sailing Instructions in no way limits or reduces the complete and unlimited responsibilities of a competitor being solely and entirely responsible for the management of a boat he or she is sailing. A competitor must be of good health and a competent sailor capable of sailing a Laser in strong winds. It is the responsibility of each sailor to decide to participate in a race or to continue racing.

24 RIGHTS TO USE NAME AND LIKENESS

By participating in this event, competitors automatically grant to the organizing authority and the event sponsors the right, in perpetuity, to make, use, and show, at their discretion, any photography, audio and video recordings, and other reproductions of them made at the venue or on the water from the time of their arrival at the venue, until their final departure, without compensation for the purpose of news reporting, regatta documentary, advertising to promote the regatta, the national or the international class association or sailing, and advertising where the above pictures/video recordings/etc. are shown in the context of sailors/participants competing in a Laser Europa Cup Trophy Regattas.

Addendum A – Laser Europa Cup

1. COMPETITION FORMAT

1.1 Where a Laser fleet is bigger than 80 boats, (or close to 80 at discretion of the Race Organization) it can be split into groups

1.2 The organising authority will divide the boats in the split fleet(s) into groups of, as nearly as possible, equal size.

1.3 Each appropriate Fleet will be split into 2 groups called Yellow and Blue or in 3 groups called Yellow, Blue and Red; or in 4 groups with the green group.

1.4 Boats will be possibly reassigned to groups each day after racing based on the overall available results.

The polling will be made with **FREG** scoring system, with the alternate option.

1.5 The notice of groups will be posted on the official notice board as soon as possible before the first race of the day. The starting signal will be made no earlier than 60 minutes after the time of the posted notice.

1.6 all groups of a split fleet have not completed the same number of races by the end of a day, the groups with fewer races will continue racing the following day until all groups have completed the same number of races.

1.7 If at the end of the regatta some groups of a split fleet have more race scores than others, scores for the most recent race(s) will be excluded so that all groups of that fleet have the same number of race scores. That S.I. will be applied also at the last day to define the groups for finals, see next S.I.

1.8 When at least 4 races were sailed for all groups, the last day the fleet will be divided in Gold and Silver fleets (and bronze and emerald if in case) and raced in "finals" format. See NOR 6.3. Different final-series groups need not have completed the same number of race.

2 GROUPS IDENTIFICATION

2.1 If a fleet is split into groups, the class flag for each group will be the class flag with a coloured flag corresponding to the group colour.

2.2 If a fleet is split into groups, each competitor in that fleet will be issued with a coloured band corresponding to the allocated group. The band shall be placed around the lower mast between the gooseneck and boom vang fitting.

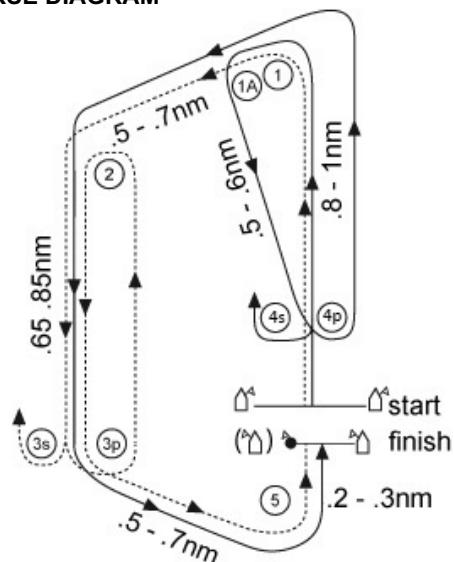
2.3 In case of finals both flags and coloured bands / Flag will be as per gold=yellow; silver=blue; and bronze=red; emerald=green.

3 OFFICIAL BOATS

Official boats will be marked as follows:

Race Committee	With flag „RC“
Jury	With flag „Jury“
Technical Committee	With flag „M“
Rescue / First Aid / Medical	With flag „Rescue“
Media / Press	With flag „Press“
TV operation	With yellow flag „TV“

4 COURSE DIAGRAM



4.1 COURSES

Course 1 Outer Loop:

Start – 1 – 1A- 2 – 3P/3S – 2 -3P – 5 - Finish

Course 2 Inner Loop:

Start – 1 – 1A – 4P/4S – 1 –1A- 2 -3P – 5 – Finish

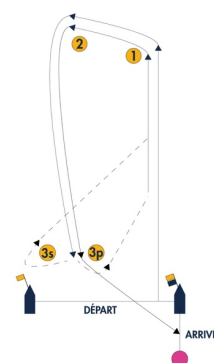
4.1.1 Laser 4.7 fleet always sails the inner loop.

4.1.2 All indicated distances between marks are recommended: the shorter up to 9 Kn wind speed; the longest over 9 Kn and have to be balanced considering of the current and all other sea conditions to reach the time target of 50 minutes.

4.2 ALTERNATIVE COURSE

Course 3: Numeral pennant 3 displayed

Start-1-2-3P/3S-1-2-3P-finish



4.3 MARKS IDENTIFICATION

4.3.1 Alpha area

Mark 1,1A 2,3s and 3p,4s and 4p will be red buoys

Mark 5 will be a white buoy

Finish mark will be a pink buoy

4.3.2 Bravo area

Mark 1,1A, 2, 3s and 3p,4s and 4p will be Orange buoys
Mark 5 will be a white buoy
Finish mark will be a pink buoy

5 [DP] TRASH DISPOSAL

RRS 55 applies. Trash may be placed aboard support and race committee vessels.

6 [DP] ADVERTISING

6.1 Regulation WS 20 will be applied.
Boats shall display advertising supplied by the organizing authority if applicable-

7 PRIZES

7.1 Prizes are stated by the NOR 13.1.
7.2 Prizes will be assigned also if only one race will be sailed. In case of ties the prize will be raffled.
7.3 Additional prizes may be introduced.

8 EVENTUAL FORBIDDEN AREAS

No forbidden area

9 [DP] RADIO COMMUNICATION

A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats, except in an emergency or when using equipment provided by the race committee.

Race committees:

Andre Holubowicz (COYCH)

Jean DIAZ (COYCH)

Jury chair: Bernadette DELBART

Measurer: Jean-Luc MICHON

Race Organization:

Off shore Régis BERENGUIER (COYCH)

Ashore: Sophie BARRUE (COYCH)